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Email: Phone/Fax: (217) 283-9348 publish@justthefacts.net JUSt the Facts Lourdine Florek, Owner

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Hoopeston's only locally-owned daily news publication! www.justthefacts.net P.O. Box 441, Hoopeston IL 60942

Farmers are focus of local Mental Health First Aid course

Carle Rural Health & Farm Safety is hosting a Mental Health First Aid course on Thursday, Sept. 12. This eight-hour training course gives people the tools to identify when someone might be struggling with a mental health or substance use problem and to connect them with appropriate support and resources, when necessary.

"Farmers in Illinois are experiencing tremendous stress, often without access to appropriate resources,"

said Amy Rademaker, Rural Health & Farm Safety program coordinator. "Our goal is to train individuals to support farmers in Mental Health First Aid."

Mental Health First Aid will be held from 8 a.m.-5 p.m. September 12 in the board room of Carle Hoopeston Regional Health Center. Cost is \$10 per person. Those interested may register online at carle.org/mhfa org or call (217) 365-5460.

See FARMERS on other side



Skyward Sunlight filtering down and a rainbow arching upward intersect in the sky above Hoopeston late Friday afternoon. The rainbow had a barely-visible second rainbow piggybacking it just moments before the picture was taken.





Welcoming

Balloons, a brightly lettered blackboard and smiling staff welcome students and parents to Maple School Monday, the first day of the new school year.



-Briefly

At the library Children's room hours have changed. Starting August 19, the children's room will open at 12:15 Mondays and Tuesdays and 9:30 a.m. Wednesdays-Saturdays.

Cooking the Books, 6-7 p.m. Thursday. This month's theme is "Summer's Bounty," focusing on fresh fruits and vegetables. Choose a recipe from the special display at the main desk. We'll copy it for you to make and bring to share. Bring your own serving utensils. Drinks and

Fire Calls

Hoopeston Fire Department was called at 7:27 p.m. Monday to Euclid and East Maple for the smell of natural gas in the area. Ameren was also called, found the problem and said it would be fixed with in the week.

Farmers continued from other side

One in five Americans has a mental illness, but many are reluctant to seek help or might not know where to turn for care. Unlike physical conditions, symptoms of mental health and substance use problems can be difficult to detect. It can be hard to know when and how to step in. As a result, those in need of mental health services often do not get them until it is too late.

Agricultural business representatives, Extension staff and volunteers, commodity group leaders, bankers, insurance agents, friends and family members of farmers can participate in the agricultural focused Mental Health First Aid course.

Mental Health First Aiders learn a 5-step action plan to guide them through to process of reaching out and offering appropriate support.

"Just as CPR helps even those without clinical training assist an individual having a heart attack, Mental Health First Aid prepares participants to interact with a person experiencing a mental health crisis," Rademaker said.

To learn more about Carle's Rural Health & Farm Safety program, visit carle.org/farmsafety or if you have questions about Mental Health First Aid, email seedsofwellness@carle.com.

Weather

Scattered thunderstorms today, tonight. High 86, low 65. Tomorrow, partly sunny, chance of storms. High 79, low 58.

table service are provided.

For more information, call (217) 283-6711 or stop by 110 N. Fourth St.

The Gathering

Rossville Community Organization will host The Gathering at 1 p.m. Thursday at Rossville Fire Station. Everyone welcome!

Classifieds

APARTMENTS FOR RENT

2 bedroom upstairs apt. Many updates, move-in ready. \$400 month. Call 217-504-4670

Very clean studio apartment for rent at Princess Theater Apartments. Rent is \$450 per month and includes all utilities. Laundry facilities available. Application required. Deposit and first months rent along with a one year lease are also required. Applications can be found online. b2lpropertymanagement.com

HELP WANTED

Part-time High School/Middle School Cafeteria Worker Must hold a valid driver's license. Duties include Cashier; Delivery; and Dishwasher. Hours: 10:30 a.m. – 1:15 p.m. Start Date: Immediately

Applications are available online only at Hoopeston Area CUSD's website, www.hoopeston.k12.il.us

Hoopeston Area CUSD #11 is looking for a full-time district custodian. If interested, please apply online or in person at the District Office. Online applications can be found on the school website, www.hoopeston.k12.il.us. Please call the district office at 217-283-6668 if you have any questions.

The City of Hoopeston is seeking applications for a fulltime Multi-Departmental position. Applicant must have a CDL or the ability to obtain one within 60 days of hire. The ability to operate and maintain equipment a plus. Please inquire at City Hall for more information about the position, 217-283-5833. Applications may be picked up and returned to City Hall, 301 W. Main St.

Full-Fill Industries Henning, has job opportunities for full time/ summer time/part time. We offer a unique opportunity to choose the schedule that fits your life style. You may choose to work 1, 2, 3, or 4 days a week. Candidates must be 18 years old, and can pick their shift. Machine Operators are needed for 1st & 2nd shift. We also offer full time positions with a full benefit package. If you are interested in applying for a growing company, please apply on-line at www.full-fill.com go to employment or employment opportunities and apply as indicated. EOE

HOUSES FOR RENT

4 bedroom house , large yard, washer dryer hook up, garage. \$600 month plus deposit. Call 217-304-1103 or 217-504-4670