

**Scholarship Cookout**  
**Steak Dinner**  
**Tuesday**  
**4-6:30 p.m.**  
 for the IGA Scholarship Program



**Hoopeston IGA** 1030 W. Chestnut  
 (217) 283-6683

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**The PIT STOP at FAST LANES**

**Tuesday:** Chicken or Beef & Noodles or Ranch Burger  
**Wednesday:** Ribeye or Prime Rib Sandwich or Pork Chops  
**Thursday:** Swiss Steak and Popcorn Shrimp  
**Friday:** Cod dinners/sandwiches and Rib eyes  
**Saturday:** Prime Rib and Rib eyes

**Open Bowling Sat. 12-6, Sun. 12-4**  
**Book your September birthday party now!**

**Youth League signup going on now.**  
**League starts Wednesday, Sept. 12.**  
**Cost is \$11.**

**Coming to Fast Lanes Friday, Aug. 31**  
**Texas Country singer Darrell McCall**  
 Tickets \$25 in advance, \$35 at the door.

Email: [publish@justthefacts.net](mailto:publish@justthefacts.net) Phone/Fax: (217) 283-9348  
 Lourdine Florek, Owner

**Just the Facts**  
**Tuesday, August 21, 2018**

Hoopeston's only locally-owned daily news publication!  
 P.O. Box 441, Hoopeston IL 60942 [www.justthefacts.net](http://www.justthefacts.net)

## Orange frog helps school district staff find spark of happiness

Hoopeston Area's mascot, the blue Jerky, has temporarily been replaced by an orange frog.

The frog, named Spark, is a take-away from The Happiness Advantage training some staff attended after Hoopeston Area received a \$95,000 GEAR UP (Gaining Early Awareness and Readiness for Undergraduate Program) grant from the Illinois Student Assistance Commission.

Ten middle and high school staff and Supt. Suzzette Hesser, attended training June 23-27 at Harvard University Graduate School of Education. A separate grant paid transportation costs, even the shuttle to the airport. "We didn't pay for any of it," Hesser said.

Spark was created by positive psychology practitioner Shawn Achor, author of *The Happiness Advantage* and *The Orange Frog*.

Spark lived in a pond near three other frogs in their ponds. He was shunned by the other frogs. One frog did nothing but work, another neglected work to play. Spark discovered that as he balanced his life - being thankful, helpful to others, exercising and receiving social support - he became more orange and had a happier life. Soon other frogs were seeking him out to help them balance their own lives.

The frog "is a symbol of the mindset we want to be in," Hesser said, calling it "an esprit de corps" in the district. "Happiness is a choice," she added.

Since June, most other staff has been trained in happiness by Emily Brown, the "trained trainer," who held a session earlier this month in which 145 staff were introduced to Spark and happiness.

Happiness training is based on Abraham Maslow's theory of the hierarchy of needs. The theory ranks needs in a pyramid, with physiological needs at the base, including breathing, water, food, sleep, shelter and others. Once those needs are relatively satisfied, the next level is safety needs: personal, emotional and financial security, health and well-being.

The next level is social belonging, including friendships,



HA Supt. Suzzette Hesser with Spark, the orange frog.

intimacy and family, followed by the esteem level - being respected and valued by others.

In 1943, when Maslow introduced his theory, he capped the triangle with self-actualization, a person's ability to reach his full potential. In later years, he added self-transcendence, whereby a self is only actualized by giving, in altruism and spirituality.

The thrust of the training is to increase personal happiness. While that may seem like a goal that has nothing to do with educating students, Hesser would disagree. "We

See FROG on other side

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## Briefly

### The Gathering

The Gathering, a get-together for Rossville area senior citizens, will be held at 1 p.m. Thursday, Aug. 23, at Rossville Fire Station. The activity is sponsored by Rossville Community Organizations.

### At the library

Upcoming events at Hoopeston Public Library are:

### From the Blotter

**Police are investigating** a hit-and-run accident that occurred at 5 p.m. Sunday at CVS, 805 S. Dixie Hwy. An unknown vehicle hit a parked 2011 Hyundai owned by Loretta Boils, of Hoopeston.

**Two Hoopeston people** were arrested after a traffic stop at 5:05 p.m. Sunday at Ninth Ave. and Main.

Cherrica Hamby, 29, was charged with no valid driver's license and no valid registration. She was released on a notice to appear.

Matthew Hofer, 35, a passenger in the vehicle, was charged with possession of methamphetamine. He was taken to the Public Safety Building in Danville to

**Cooking the Books** returns August 23. This month's theme is Summer Bounty. Stop by the display at the main desk and choose a recipe to try. Library staff will copy it for you to make and bring at 6 pm. Aug. 23 for all to enjoy. Bring your own serving utensils. Drinks and table service are provided, along with copies of all recipes to take home.

### Veterans wanted

Hoopeston VFW Post 4826 is looking for area veterans to ride on a float in the National Sweetcorn Festival parade on September 1. Any interested veteran is asked to call the post, (217) 283-5025.

### Frog continued from other side

need to take care of ourselves so we can do what we need to do for the kids," Hesser said.

She compared emotionally drained teachers to an empty well, unable to fill their students. "We fill our own tank so we're emotionally ready to give."

Happiness is just one area of training for Hoopeston Area staff to help meet the social and emotional needs of students. Employees have also been trained in Trauma

## Court Dispositions

### July 5

**Marr Rentals**, Bourbonnais, pleaded guilty to general nuisance, fined \$180; paid.

**David T. Cannon**, Hoopeston, two cases continued to September 6.

**Lakesha Tucker**, Hoopeston, failed to appear for general nuisance, found guilty by default, fined \$180; status hearing August 2.

**Joshua Wessels**, pleaded not guilty to general nuisance; trial Aug. 2

**John Cacaj**, Sterling Heights, Mich., pleaded guilty

Informed Practices, by which staff get to the root level of what's going on in a student's life, whether it be the divorce of his parents, the death of a pet or family violence.

Another component is Youth Mental Health First Aid, which aims to train anyone who is in contact with youth ages 12 to 18 who may be experiencing an emotional or addiction issue or is in crisis.

Another tool the district is using is Ripple Effects, described as "personalized technology to help students address non-academic barriers to school success," that targets student discipline.

By considering each student's emotional needs and life situations, Hesser believes Hoopeston Area can help each child not only survive, but thrive by teaching them to learn what they can and can't control and move forward in the direction they want their life to go.

"Education is about people," Hesser said. "We don't educate a desk, we educate the child in the desk. We need to address whatever needs they bring in the door."

Some of those who have been trained had high praise for the effort at Thursday's Hoopeston Area school board meeting. One of those was Dylan Swank, Hoopeston Education Association president. "I've heard nothing but positive comments from staff," he said adding teachers looked forward to being "respected and self-actualized. It's something the HEA could get behind," he said.

### Weather

Scattered showers today. High 77. Tonight, partly cloudy. Low 59. Tomorrow, sunny. High 75, low 53.

## Classifieds

### APARTMENTS FOR RENT

Honeywell Apartments: 2 BR, includes water, heat, pest control, off street parking (815) 984-4513

### HELP WANTED

Part time office receptionist. Starting 20 hours per week but could work into full time. Must be able to multi-task, work great with public and MUST have great follow-up skills. Send resume to Box A, c/o Just the Facts, P.O. Box 441, Hoopeston IL 60942.

Outlaw Automotive and Performance is looking for a mechanic/technician. Pay is flat rate on a 1099. Hourly wages based on ability, speed, accuracy. Hours are 8-5 Monday-Friday. We work on all makes and models. Must be a team player and be able to work independently. Apply in person with completed resume at 1919 E 500 N Rd, Milford IL

Hoopeston / Rossville area farmer looking for truck driver to help with harvest. Must have at least a Class B drivers license. Call 217-495-1550; if no answer please leave a message.

Part time fall help at Ravens Livestock. Requires CDL. Call (217) 304-1943.

Hubbard Trail Country Club is looking for an experienced bartender. Starting immediately, must be 21. Call the clubhouse 217-748-6521 or apply in person.

Silgan Containers is hiring press mechanics. Please visit <https://silgancontainers.mua.hrdepartment.com/hr/ats/Posting/view/9481> for more info and to apply online.

Housekeeping help: dishwashing, vacuuming, dusting and running errands for me Thurs., Fr. & Sat. Call (217) 597-7112

### MISCELLANEOUS FOR SALE

Almost new recliner-\$50, dresser with mirror-\$20, china cabinet -\$50, cedar chest-\$50, 2 complete twin beds-\$80. call 217-283-6021, if no answer please leave message.

### WANTED

Someone with upholstery knowledge to reupholster large built-in bench and cushions in my home. Call John (217) 274-2039.

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Helicopter flight instructor. Hoopeston-Danville-Champaign. Own my own helicopter. Call John (217) 274-2039.

Email [publish@justthefacts.net](mailto:publish@justthefacts.net)  
or call (217) 283-9348 to place your ad!



**Photo Contest**  
June 20-Sept. 20  
1 photo selected each week to compete for a \$25 monthly prize. One photographer will win a  
**\$100 Grand Prize!**  
Amateur photographers only. Limit 1 photo/week/person. Decision of the judges is final. Submission transfers photo rights to Just the Facts. Entries must be less than 2 MB in size.  
Email photos to [publish@justthefacts.net](mailto:publish@justthefacts.net) and include "photo contest" in subject line, names of subjects in photo (if applicable), location and photographer's real (not screen/alias) name.