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Thursday, March 10, 2011
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Some crimes increase, others decrease in 2010 yearly total

The 2011 WHPO Business Expo is going to be held at the McFerren Park Civic Center this weekend, Saturday, March 12 (10 a.m.- 4 p.m.) and Sunday, March 13 (12-4 p.m.). Everyone is invited to stop by and check out all the great exhibitors and entertainment at the 2011 WHPO Business Expo.

EXPO exhibitors include: Cee Lee Photography, 31 - With Samantha Bruens, Tuttle's Tats, Robinson Chiropractic, Bauer Comfort Center, Styles Salon-with Carrie Birch, Birkey's Farm Store, Hoopeston Regional Health Center, Iroquois Federal, Olga York - Professional Touch Massage Therapy, Crown Ford,

Anderson Funeral Home, Main Street Fitness, Doug's Pharmacy, Frontier Communications, Lithgow Motor Sports, Cellular Hoopeston Jaycees, Tammy's Dance Art Studio, Western Southern Insurance, Coyle Chiropractic, Heritage Woods of Watseka, Paxton True Value, A & M Klearwater, Country Financial with Kris Suchaczewski & Natasha Menschel, Okinawan School of Karate with Mike Webb, Chittick Family Eye Care, Simply Pats Hats & Pasta Alley, TLC Touch Massage Therapy- with Tiffany Clay-Jeffers, Northfork Conservation Club, Caporale's Custom Jewelry & Design, Aflac Insurance with Diane Theesfield, Hoopeston Girls Softball Association, Vermillion County Fair Youth Advisory, American Border Concepts, Logos Unlimited, Angel/Fowler pest control, The Carpet Cleaners and SKL Roofing.

Entertainment includes:

- John Greer Concert Band and Chorus
- Okinawan School of Karate
- Tammy's Art Dance Studio
- Academy of Performing Arts
- Rich Stipp
- Hoopeston Area High and Middle School jazz bands

Alexa Rae Bailey
 Happy 6th Birthday

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 516 N. Dixie Hwy. Hoopeston
 (217) 283-5186 Open Sundays


I Sing the Body Electric survey of high school teens show improvements, areas of concern

High school students – 3,164 of them – from 12 high schools in Vermilion County have expressed their attitudes and reported their health behaviors through the 2010 I Sing the Body Electric Youth Risk Behavior health survey. I Sing the Body Electric, an outreach program of Provena United Samaritans Medical Center Foundation, has now administered five biennial surveys.

Results of the survey, the first step in this three-phase health education and prevention program, were released last Thurs-

day at Provena United Samaritans Medical Center. The printed survey report, which represents the responses of approximately 77.1% of the Vermilion County teen population, includes data and a retrospective analysis of health risks since the first biennial survey was conducted in 2002.

“The survey data gives us a very vivid picture of what is on the minds of our Vermilion County youth,” said Dottie McLaughlin, I Sing the Body Electric program coordinator. “However, we’re interested in more than the data – we want to assist our youth in finding long-term solutions to the health concerns they’ve expressed.”

The program is a collaboration among Provena United Samaritans Medical Center, Provena United Samaritans Medical Center Foundation, Danville Area Community College, Danville District 118, the Vermilion County Regional Office of Education, the Vermilion County Health Department, The Center for Children’s Services, Hoopeston Multi-Agency, and Hoopeston Community Memorial Hospital.

McLaughlin presented data and said there have been improvements in health risk areas since the initial 2002 survey:

42.6% decrease in the number of youth who drink and drive

29.7% decrease in youth who ride with someone who has been drinking

35.3% decrease in youth who binge drink (had 5 or more drinks in a row within a couple of hours)

27.4% decrease in high school teens who have had at least one alcoholic drink of alcohol in the previous 30 days before the survey (“current users”)

Decrease every survey year in the overall numbers of youth who have had at least one drink of alcohol in their life

12.2% decrease in youth who have ever used marijuana

7% decrease in youth who are “current users” of marijuana

51.8% decrease in high school students who have ever used methamphetamines

8.5% decrease in youth who have used ecstasy

28.7% decrease in teens who have smoked a whole cigarette

25.3% decrease in youth who are “current” smokers

19.4% decrease in youth who have made suicide plans

22.2% decrease in those seriously considering a suicide attempt

16.8% decrease in youth actually attempting suicide

The survey information also pointed to continuing concerns, however:

Females (46.1%) and males (35.0%) reported being the target of bullying on school property.

One in four teens had their first drink of alcohol at 13 or 14 years of age; one in seven smoked their first whole cigarette and one in seven students first tried marijuana at those ages.

One in 11 teens reported abusing over-the-counter cough and cold medicines, a 43.5% increase since 2008.

One in six youth (15.2%) report taking prescription drugs not prescribed for them, an increase of 11.8% since 2008.

Female depression has increased 27.3% since 2002, going from 31.9% to 40.6% in 2010.

One in three females (31.9%) and one in six males (16.7%) report cutting or hurting oneself on purpose.

Rates of attempting suicide are down but still nearly twice as high for county youth (12.4%) as national youth (6.3%).

Over one-half of the teens (55.7%) report having sexual intercourse at least once, an increase of 4.5% from 2002.

Looking at nutrition we find: 1) Over one-fourth of VC youth (27.8%) drank no fruit juice in the seven days prior to taking the survey 2) One in five VC teens (20.7%) ate no fruit in a week 3) Four out of 10 students (44.1%) ate no salad over seven days 4) One in five of our youth (19.2%) ate no other vegetables in seven days 5) Over one in six students (17.5%) drank no milk in a week.

The top 10 health concerns identified by youth: alcohol use; teen sexuality; drug use, body image; fighting/bullying/carrying weapons; depression/suicide; nutrition and physical fitness; seat belt use; domestic and dating abuse; and tobacco use. These now become the focus of prevention messages created by the high school students using the arts. Mini-grant proposals written by the students assist with the costs of producing the projects and assure that any student, regardless of economic means, can be involved. The culmination of the project production phase is an I Sing the Body Electric Arts and Health Festival which will be held this year at Danville Area Community College on Sunday, May 1.

Weather



Chance of snow today. High 41. Tonight, mostly clear. Low 27. Tomorrow, sunny. High 50, low 38.

For current weather conditions, call Hoopeston Weather Service, (217) 283-6221.



every Thursday 7 p.m.

**Hoopeston
American Legion**

502 E. Penn

Classifieds

APARTMENTS FOR RENT

HOOPESTON - COZY 2-Bedroom 1-Bath Unit. Full basement. Walk to shopping, quiet area. NO PETS. \$475 + deposit. 624 S. 8th. Available April 1, 2011. 4 plex across from the park. Do not disturb the tenant. Call for more info. 217-260-2546.

HELP WANTED

Mustard Seed Christian Daycare is taking applications for Teacher Qualified Applicants. Stop in to fill out an application and bring your college transcripts with a resume. Mustard Seed is located in the Rossville High School Building. Call 217-748-6370 for more information.

HOUSES FOR RENT

2 bedroom duplex for rent. two story, central air, garage, stove & fridge included. \$425 per month, \$425 security deposit. No pets, No smoking, references required. For application, call (217) 304-6547.

2 BR duplex. Water, trash included. \$350/mo. (217) 304-2145

MISCELLANEOUS FOR SALE

Blue Mustang Power Wheels—excellent condition. \$75. Call (217) 283-4726.

NOTICES

The Vermilion County Housing Authority is looking for mowing bids for Parkview Ct in Hoopeston. Must include in bid fee for weekly mowing, Trimming, Blow-off Stoops, and fall leaf clean up. Starting Aprx April 15, 2011 until the end of mowing season. Must be insured. Bids will be accepted Until Friday March 11 at the Rossville office. Contact 217-748-6812

RUMMAGE SALES

CISSNA PARK: 113 Tracy Dr. Thurs., 4-7 p.m., Fri., 7-11 a.m. 3 family indoor sale. For more information call (815) 867-0161.

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