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Tuesday, August 14, 2007

Hoopeston's only locally-owned daily news publication

P.O. Box 441, Hoopeston, IL. 60942

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Phone/Fax:
(217) 283-9348

Email:

publish@justthefacts.net

Suggestions for bearing August's 90+ temperatures listed

Editor's Note: Mike Rortvedt, Vermilion County Chief Deputy Coroner, sent a link to a website offering tips for surviving summer's hot temperatures, including:

- Drink more fluids (nonalcoholic), regardless of your activity level. Don't wait until you're thirsty to drink. Warning: If your doctor generally limits the amount of fluid you drink or has you on water pills, ask him how much you should drink while the weather is hot.

- Don't drink alcoholic or sugary beverages -these cause more body fluid loss. Also, avoid very cold drinks, because they can cause stomach cramps.

- Stay indoors, preferably in an air-conditioned place. If your home does not have air conditioning, go to the mall or public library-even a few hours spent in air conditioning can help your body stay cooler when you go back into the heat. Call your local health department to see if there are any heat-relief shelters in your area.

- Electric fans may provide comfort, but when the temperature is in the high 90s, fans will not prevent heat-related illness. Taking a cool shower or bath, or moving to an air-conditioned place is a much better way to cool off.

- Wear lightweight, light-colored, loose-fitting clothing.

- Never leave anyone in a closed, parked vehicle.

- Although any one at any time can suffer from heat-related illness, some people are at greater risk than others. Check regularly on:

Infants and young children

People aged 65 or older

People who have a mental illness

Those who are physically ill, especially with heart disease or high blood pressure

- Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke. Infants and young children, of course, need much more

frequent watching.

If you must be out in the heat:

- Limit outdoor activity to morning and evening hours.
- Cut down on exercise. If you must exercise, drink two to four glasses of cool, nonalcoholic fluids each hour. A sports beverage can replace the salt and minerals you lose in sweat. Warning: If you are on a low-salt diet, talk with your doctor before drinking a sports beverage. Remember the warning in the first "tip" (above), too.

- Try to rest often in shady areas.

- Protect yourself from the sun by wearing a wide-

See HEAT on other side



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Classic Details.

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Court Dispositions



August 2

Donald E. Underwood Jr., Hoopeston, pleaded not guilty to disorderly conduct; trial set for Sept. 20.
Warren W. Harms, Hoopeston, pleaded not guilty to disorderly conduct; trial set for Sept. 20.
Evan L. Hendricks, Danville, pleaded not guilty to disorderly conduct; trial set for Oct. 4.
Vanessa R. From, Hoopeston, pleaded guilty to disobeying police, fined \$180; status hearing Oct. 18.

Michelle E. Kempen, Hoopeston, status hearing Oct. 4.
Maria L. Fouse, Hoopeston, status hearing Oct. 4.
Shelia S. Haton, Hoopeston, failed to appear at status hearing; case to be registered with Vermilion County Circuit Court.
Betty A. Leslie, Hoopeston, failed to appear at status hearing; continued to Oct. 4.
Jose A. Cardenas Jr., Hoopeston, failed to appear at

status hearing; case to be registered with Vermilion County Circuit Court.
Austin L. Rhodes II, Hoopeston, status hearing Oct. 4.
Christopher T. Ford, Hoopeston, failed to appear at status hearing; case continued to Sept. 6.
Renee Colunga, Hoopeston, given 28 hours public service work in lieu of fine; status hearing Oct. 4.
Dalia Granados, Hoopeston, failed to appear at status

hearing; case to be registered with Vermilion County Circuit Court.
Diana Barshney, Hoopeston, failed to appear at sentencing, fined \$180; status hearing Sept. 20.
Charlotte M. Akins, Hoopeston, case nolle pros.
James D. Fouse, Hoopeston, found guilty of restraint of dogs by owner or keeper, fined \$180; status hearing Oct. 4.



Seeking Health Center Board Nominations

The Hoopeston Regional Health Center Board of Directors is seeking nominations for three of the nine Board of Director positions. The Board of Directors plays a critical roll in the oversight and governance of Hoopeston Regional Health Center and its success in meeting the mission and vision of the organization. Listed below are general outlines of the personal and professional qualifications for being a Board Member.

Personal Qualifications

- Certain basic qualifications must be possessed by all Directors for the Board to function effectively. Those qualifications are:
- Honesty, Integrity, having a sense of justice, and of sound moral character.
 - Availability to participate in Board and Community Activities
 - Objective and deliberative approach to problems
 - Experience translatable to Health Center Operations
 - Understanding the role of the Board of Directors as related to the overall organization
 - Acceptance of the Board policy relative to conflict of interest
 - Willingness to accept responsibility of governance
 - Commitment to community health
 - Ability to conceptualize
 - Respect for confidentiality
 - Experience in group decision-making

Professional Qualifications

- Since the Board of Directors is a composite of persons who have various professional backgrounds, nominees should have one or more of the competencies below:
- Health care competency
 - Financial competency
 - Education competency
 - Knowledge of the civic community
 - Managerial competency
 - Legal competency
 - Engineering competency
 - Knowledge of legislative activity

If you are interested in nominating someone or you have a personal interest in serving on the Board of Directors, please submit your nominations in writing to:

Hoopeston Regional Health Center, Attn. Board of Directors Nominating Committee
701 E. Orange St., Hoopeston, IL 60942

If you have questions regarding the nominating process, please call
David Elliott, Chief Executive Officer at (217) 283-8240.

Nominations must be received by September 4th, 2007 by 4 p.m.



Police News



A 21-year-old woman reported at 8:26 p.m. Sunday that someone took her driver's license from her vehicle, which was at Parkview Court.
Kyle B. Ponton, 17, of 859 E. Seminary was arrested after an incident at 8:24 p.m. Sunday in the 800 block of East Seminary. He was charged with battery on a com-

plaint from a 48-year-old Hoopeston man. The man was treated for minor injuries and released from Hoopeston Community Memorial Hospital.
Ponton was released on \$100 bond.
A 53-year-old Hoopeston man reported at 9 p.m. Sunday that someone took property from the 100 block of North Market. The theft is under investigation.

Obituaries

RIGGLE - Nellie Jane Riggle, 87, of Westville died at 4:30 p.m. Saturday, Aug. 11, 2007 at Carle Foundation Hospital, Urbana. Funeral service will be at 11 a.m. Wednesday at Houghton-Leasure Funeral Home, 200 E. West St., Georgetown. Burial will be in Georgetown Cemetery. Visitation will be 5-8 p.m. Tuesday at the funeral home. Memorials may be made to a charity of the donor's choice. Anderson Funeral Home, Hoopeston, was in charge of arrangements.

Heat continued from other side

brimmed hat (also keeps you cooler) and sunglasses and by putting on sunscreen of SPF 15 or higher (the most effective products say "broad spectrum" or "UVA/UVB protection" on their labels).

Weather



Partly cloudy today. High 93. Tonight, chance of thunderstorms. Low 68. Tomorrow, chance of thunderstorms. High 91, low 68.
For current weather conditions, call Hoopeston Weather Service, (217) 283-6221.

Classifieds

APARTMENTS FOR RENT

Large 3 BR upstairs apt. 1 car garage. \$400 mo./\$400 dep. (217) 772-1255

HELP WANTED

Part time maintenance person for apartment complexes in Hoopeston. Painting, dry walling and minor plumbing is just a small list of requirements needed. This position will vary in hours needed. Send resume to: Maintenance Person, P.O. Box 657, Robinson IL 62454.

Part time, 20-25 hours+. Some hours on weekends. Class B CDL required. Send resume to Box C, Just the Facts, P.O. Box 441, Hoopeston IL 60942

Hoopeston Migrant Head Start is accepting applications for teachers, teaches assistants and bus aides at the Wellington site. Please send resume to P.O. Box 136, Wellington IL 60973 or fax to (815) 984-4500. Call (815) 983-3706 with any questions. EOE

RUMMAGE SALES

917 S. Second Ave., Hoopeston. Fri. & Sat., 7-? Baby items, home interior, small appliances, household, 1½-year-old refrigerator.

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