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Improved health is focus of new Hoopeston business

Area residents who made New Year's resolutions to keep healthy have an ally in downtown Hoopeston.

Kay Noll of Danville recently opened The Sage Room, featuring nutritional supplements and natural products for everything from hangnails to headaches.

Noll, a former health department nurse, combines that knowledge with a belief in natural remedies, such as herbs, to help people get well and stay well. She is a certified natural health professional.

The shop carries a wide range of nutritional supplements, from vitamins and minerals to products designed to rid the body of toxins.

Toxins, Noll said, cause myriad problems in the human body, including headaches. "That would fix almost everybody's problems, if they'd just cleanse and nurture," she said.

While natural remedies may not cure all illnesses, they can help wellness and are good for "those things that you don't see your doctor about," she said. "What we do is figure out where the symptoms are from."

Before recommending products, Noll does a free personal health analysis to determine which items are lacking in the body.

Noll sells Nature's Sunshine products, both because of the quality of the product and the educational information they provide.

But wellness is more than what is ingested, so Noll stocks health and beauty aids such as shampoos, soaps and deodorants. All are made with natural ingredients. For specific needs, such as chapped lips or dry cuticles, the store has Burt's Bees products with vitamin A.

And to soothe the spirit and the body, Noll has aromatherapy candles and soy candles, made from soy beans.

See HEALTH on other side

Discover the Difference

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Tim Drollinger REALTOR/Associate
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Midwinter Inside Yard Sale

At the
VFW

Friday, Jan. 14 9 a.m.-7 p.m.

It's a New Year & the
Legion Bartenders are back!

Jimmy Buffet

Paradise Island Night

Friday, Jan. 14

Food (all you can eat!) 5-8 p.m. \$5

Featuring *Cheeseburgers in Paradise,*

Plus twice-baked potatoes, macaroni salad, nachos, salsa & dip

Beer Specials

Margarita(ville) Specials

Come sing along with

Maui Club

Cash prizes for

Best-dressed

Most original Parrot head



Here's what's happening at

Classic Details

- New bulbs in our tanning booth
- Reflexology for better health
- Hair & nail services for the entire family

Call for an appointment
(217) 283-4098

315 W. Orange, Hoopeston

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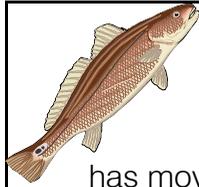
(217) 283-5178

9 a.m.-6 p.m. Mon thru Fri

9 a.m.-4 p.m. Sat

Bilingual Preparer Available

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The North Fork Conservation Club Fish Fry

has moved to the VFW for the winter
11 a.m.-7 p.m. every Friday
 Fish & shrimp dinners—\$5
 For information, call (217) 283-5025

LORRAINE THEATRE

Screen 1 – “Any Given Sunday” (R) SDDS
 Starring Al Pacino and Cameron Diaz
 7 p.m. nightly, 10 p.m. Fri. & Sat., 4 p.m. Sat., Sun. & Mon.
Screen 2– “Toy Story 2” (G) Dolby SR Stereo
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 Children under 5 admitted FREE
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Sign up at Sheridan’s, 224 East Main Street



Lunch Menus



Hoopeston Area grade schools

MONDAY: No school.
 TUESDAY: Chicken drummies, cheesy potatoes, bread,

Police News



The boy’s dirt bike found Jan. 10 was claimed by the owner Tuesday.

James D. Brown, 34, of 824 E. Wyman, was arrested at 9:30 a.m. Wednesday in the 800 block of East Wyman. He was charged with disorderly conduct and released on a notice to appear.

A girl’s lavender bicycle was found Wednesday in the 500 block of West Elm. The owner may identify and claim it at the police station.

Obituaries

CLARK—Imo E. Clark, 81, of Warsaw, Mo., formerly of Rossville, died at 2:45 p.m. Tuesday, Jan. 11, 2000 at home. Funeral services will be at 11 a.m. Saturday at the United Methodist Church, Rossville. Burial will be in Rossville Cemetery. Visitation will be 4-8 p. m. Friday at Wolfe Funeral Home, Rossville. Memorials are suggested to the United Methodist Church of Rossville or the United Methodist Church of Warsaw, Mo.

Health continued from other side

Along with the products, Noll offers education through books and pamphlets.

While her work as a nurse allowed her to raise six children after her husband died, Noll started becoming disenchanted with medicine around 1988. “They taught us medicine was the answer for everything,” she said. Through personal experience, however, she learned about natural remedies. “It was like walking off a cliff,” she said.

She eventually had to end her nursing career. “You can’t practice medicine and this at the same time,” she said. “this is almost the opposite from medicine.”

The Sage Room is located at 301 E. Main St. and may be reached at (217) 283-4421. Hours are 1-5:30 Mondays, 10-5:30 Tuesdays, Thursdays and Fridays and 10-3 Saturdays.

oleo, fruit, milk.
 WEDNESDAY: Turkey & noodles, mashed potatoes, corn, bread stick, fruit, milk.
 THURSDAY: Rib/bun, macaroni & cheese, celery sticks, cookie, fruit, milk.
 FRIDAY: Sub/bun, cheese, pickles, pretzels, milk.

Hoopeston Area Middle/High School

MONDAY: No school.
 TUESDAY: Ham & scalloped potatoes or chicken nuggets, peas, pasta salad, fruit, milk.
 WEDNESDAY: Turkey & noodles or rib/bun, mashed potatoes, corn, fruit, milk.

THURSDAY: Sausage pizza or turkey/bun, salad bar, fruit, milk.

FRIDAY: Grilled cheese, choice of vegetable soup or chili, cake, fruit, milk.

Rossville-Alvin schools

MONDAY: No school.
 TUESDAY: Cheeseburger, fries, apricot, cookie, milk. (8A)

In the Hospital



Hoopeston Community Memorial Hospital Jan. 12

Admitted: Anna Trent, Mildred Morris, Ruby Miller, Hoopeston.

Discharged: Brooke McKenzie, Betty Brown.

Weather



Partly sunny today. High 37. Tonight, partly cloudy. Low 30. Tomorrow, partly sunny. High 48, low 29. Sunday, mostly cloudy. High 48, low 33.

For current weather conditions, call the **Hoopeston Weather Line** at (217) 283-6221.

Happy Birthday, Daddy



Connor & Madison

WEDNESDAY: Chicken nuggets, tator tots, applesauce, pudding, milk
 THURSDAY: Beef & noodles, mashed potatoes, gravy, mixed vegetables, fruit salad, bread, butter, milk.
 FRIDAY: French toast, ham, hash browns, orange, milk.

Have a good time, Help a good cause!
 Saturday, Jan. 15 9 p.m.-1 a.m.



American Legion
 502 E. Penn, Hoopeston
 \$4/person, \$6/couple
Proceeds to the American Cancer Society

Classifieds

HELP WANTED

Full time RN or LPN needed for physician office. Office experience helpful. Contact Jackie Johnson, DON, at (217) 283-5531. Hoopeston Community Memorial Hospital, 701 E. Orange, Hoopeston. EOE 010-014

General Laborer wanted. Heavy industrial/foundry work. Vermillion Iron Works, 200 N. Sixth Ave., Hoopeston, IL 60942. (217) 283-9301. 010-014

MISCELLANEOUS FOR SALE

16 FOOT 1969 Lil Lobo Camper. Sleeps four. Gas refrigerator, porta potty, catalytic furnace, gas wall lantern. \$800. Call (217) 283-7295 after 4 p.m. 010-021

PETS

For sale: Pomeranian puppies. AKC 7 weeks \$250. 8 mos. \$150. Or will consider offer. (217) 283-7426. 014-020

SERVICES

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