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TO MY OLD FASHIONED GENTLEMAN!



Last week's answer: Francis Scott Kev

wrote "that our flag was still there" as

part of the Star Spangled Banner.

Lourdine Florek editor



Susan Comstock ad manager

Thursday, June 22, 1995

Hoopeston's only locally-owned daily news publication! (217) 283-9348 P.O. Box 441, Hoopeston, IL. 60942

Nurse lists cooling tips in the wake of summer's heat

There's nothing quite like summer: cook-outs, outdoor activities, warm temperatures.

And heat exhaustion.

As the temperature rises, so does the body's need for fluids and cooling off periods, according to Julie Mullen, nurse manager, acute care service, at Hoopeston Community Memorial Hospital.

The top choice for fluid intake is water. Those who don't like the taste should flavor theirs with a drop of lemon.

Another good choice is over-the-counter sports drinks, which replace electrolytes, chemicals which regulate body cells.

Poor choices of beverages include tea and coffee, which are natural diuretics, expelling water from the body. Beer is also on the list for the same reason.

Keeping cool is also important, especially for children and the elderly. Hospital personnel have

already treated people for heat exhaustion. "We repeatedly see the same things every summer," Mullen said.

Children, because of their activity level, and the elderly, because of their age, are especially susceptible to heat exhaustion and should be kept in areas cooled by fans or air conditioners.

Mullen recommended that young people check on older relatives or neighbors to be sure they survive the heat. "The older people don't want to bother anybody." she said.

For those who must be in the heat, Mullen recommended wearing loose, light-colored clothing and taking frequent breaks to cool off.

And for those who spend a great deal of time outdoors, a sunblock is a necessity.

A final tip benefits not only those who do not have air conditioning, but stores, as well. "I don't see anything wrong with encouraging people to visit the local mall." Mullen said.

Attorney addresses procedures for handling car wrecks

Editor's Note: The following column is one in a series written by Hoopeston attorneys Calvin Hultquist and Kate Giffin. The columns will run as space allows.

There's been a car accident...

Legally

There's been a car accident... Quick, call a lawyer!

cases.

In today's society, it is reality that we must think of suing or being sued when we have a car wreck. The old days of settling these matters with a handshake are unfortunately long gone in many disposable

You may have to file suit to get a fair settlement from the insurance company or the other party.

Sometimes you even have to sue your own insurance company if the other party was uninsured and yours isn't paying off fairly. Of course, if you were in the wrong, you may also be sued.

Before you have an accident, you should make preparations. I carry a

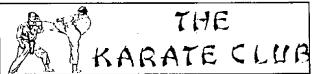
disposable camera in my car in case of an accident See WRECKS on other side (O) (O)

Dance the night away "Willard Cratchloe"

9 p.m. - 1 a.m. Saturday, June 24

Hoopeston American Legion

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Wrecks continued from other side

(or in case I see those sneaky UFOs again). Although you should avoid it, sometimes you have to move your car if you are causing danger to other motorists or perhaps straddling a railroad crossing. With your camera, you can document the resting positions of the vehicles before you move them.

Carry warning flares or reflectors. Whether or not you caused the accident, you can be liable for injuries to others if you failed to take steps to avoid causing others to wreck.

Make sure you have adequate insurance coverage. You are responsible for any liability above and beyond your policy limits.

When you have had a wreck, call the police who will properly identify the other party, verify insurance coverage and document facts such as light. weather conditions, etc. Furthermore, if the other party has been drinking, your word is not good enough.

If the other party admits liability for the wreck. get it in writing or have them tell the police officer! People change their stories once they realize that their insurance rates might soar.

If you have been injured as a result of someone's negligence, almost all attorneys will discuss your rights with you at no charge. If you have injuries. get a lawyer or you are likely to be short-changed.

We will respond to reader mail. Address inquiries to Just the Facts, P.O. Box 441, Hoopeston, IL. 60942. Legal principles discussed are general. For more information, see your lawyer.



Police News



A blue key ring with several keys was reported missing Tuesday. If found, it should be turned into the police station.

A Rossville woman and her child were treated at Hoopeston Community Memorial Hospital following an accident at 7:42 p.m. Tuesday.

Paige L. Brown of 36029 N 2040E Rd..

Briefly

Pumpkin reunion meeting

There will be a Pumpkin Family Reunion meeting at 6:30 p.m. Wednesday, June 21, at S.A.R.A.H.'S., 203 E. Main, Anyone with ideas for the celebration or who can volunteer is encouraged to attend.

Meetings

There will be a Neighborhood Watch meeting at 7 p.m. June 26 at the Hoopeston municipal building. Police chief Orval Kaag will speak.

The Hoopeston city council will meet in special session at 7 p.m. June 27 to vote on whether the proposed landfill expansion.

Rossville, and her infant daughter were treated for minor injuries.

According to police reports, an unidentified van turned north on South Market from Penn. Brown swerved to miss the van and her 1987 Chevrolet Blazer was hit by a 1993 Mercury Tracer driven by Karah V. Matta, 17, of 901 Sprague.

Brown's van rolled approximately three times before resting against a utility pole.

Matta was ticketed for disobeying a traffic control device.

In the hospital



Hoopeston Community Memorial Hospital June 20, 1995

Admitted: Glela Sharp and Lilly McBride, both of Hoopeston.

Discharged: John Lee, Hoopeston.

Weather



Mostly sunny today. High near 90. Tonight, clear. Low in the upper 60s. Tomorrow, isolated thunderstorms. High near 86. low near 65.



the facts

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Rossville

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